CLARKE COURIER

Volume LVII

Issue 19

Clarke College, Dubuque, Iowa

Farmers speak on crisis they face

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Markham and her husband Jim spoke in room 109 CBH on the current farm crisis and how it is affecting the family farmer. The Markhams, who have had their farm foreclosed on and have lost all their farm equipment, said the only peoole who won't be affected by the farm crisis are the people who don't eat. Markham, named "outstanding young farmer" in 1976 and "most oromising young farmer in the State of lowa" in 1977, said the farm crisis

ultimately affects the consumer. "I really believe we're going to have to make consumers more aware of what the farm crisis is and how it affects what they spend on

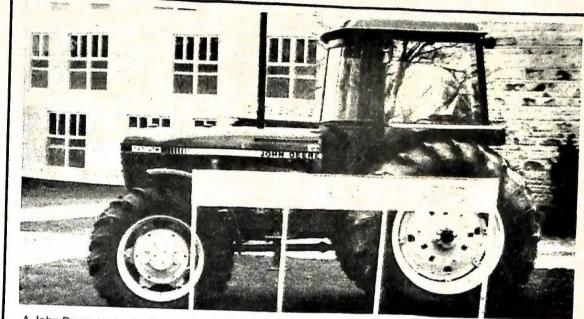
Linda Markham agreed with her husband and said that consumers lose when they have to pay more for agricultural products. "Consumers don't seem to realize that the stability of the family farm affects how much or how little they will pay for con-

Merlin and Marge Manders, farm owners in rural Bellevue, Iowa, also spoke at the discussion. The Manders are struggling to keep their farm, despite tough economic

The Manders focused on the concern for cash-flow and how it directly relates to the success of the farmer. "The cash-flow simply means the money you take in amounts to more than you pay out," said Manders.

Following the speeches by the Markhams and the Manders, the panel discussion was open to com- diocese of Dubuque, addressed ing of the Dyersville National Bank

ments from the audience. Fr. Norm the concerns that Dyersville last week such as the future of their White, rural life director for the Arch-residents now face due to the clos-



A John Deere tractor is displayed on the front lawn of Catherine Byrne Hall in support of "Farms Not Arms" during Peace Week. (photo by John Kemp)

because it's something I've fee Terrill renews faith through Confirmation rite

by Shirley Charley

On Saturday, April 12, Tammy Terrill received the sacrament of Confirmation in Mary Josita Chapel, culminating several months of study and symbolic ritual through which the Clarke freshman has been received into the Catholic Church as an adult.

The occasion marks a precedent in Clarke's faith community. It is part of a relatively new process in the Roman Catholic Church that some parishes have adopted in recent years called the Rite of Christian Initiation for Adults (RCIA).

The RCIA program was initiated at Clarke last fall by graduate student Walt Fancher, who is active in chrislian ministry both at Clarke and St. Raphael's parish. It is a process that involves the whole community in helping a person to prepare for total membership in the Catholic Church.

Terrill was baptized and received the Eucharist as a child. Through RCIA, she has been able to continue growing as a member of the Chrislan community. "This is the advanlage of RCIA," said Terrill. "A person can pick up on their faith at any

During Terrill's experience, approximately ten students met with her on Thursday mornings each the weekend Mass and put them into the perspective of their lives. Freshman Mary Otting was Terrill's sponsor. The support group also included Cathy Breitsprecker, Cheryl Colsch, Kevan Forest, Anne Woods, Deborah Schellhorn, Amy Golm and

Amy Hauser, S. Mary Ann Zollmann also participated. "The support group gets as much or more from these sessions as the new person. They discover things about their faith and renew their commitment to it," Zollmann said.

Support-group members share their values, beliefs and visions with the person to create a family identity. When Christians are "made," the Church is reborn through the passing on and living out of its system of meanings.

The Christian initiation rite was initiated in 1972 as part of the Second Vatican Council's attempts to restore early Church structure for Christian initiation, which was called the Catechumenate. The concept emphasizes Christian initiation as the prime factor in Christian identity. The basic principles of the early Church initiation practices have been found to be timely for the contemporary Church as well. RCIA has become the only accepted way to enter the Church, despite the fact that only about 20 percent of U.S. parishes

utilize the process. RCIA at Clarke will continue. One of Terrill's support-group members, Kevan Forest, plans to begin the process next fall to prepare for Baptism. Terrill and Breitsprecker plan to attend an RCIA workshop this summer with Fancher, as Clarke's faith community continues to grow.

Anyone interested in learning more about RCIA can contact any of the group members for information. New members will be welcomed on an ongoing basis.

Videoconference at Clarke

International journalists exchange ideas

by Marge Manders

Clarke's communication department has been invited to participate in an International Satellite Videoconference by Earl Foell, editor in chief of the The Christian Science Monitor. Saturday, April 26, panelists in Vienna, England, Japan and Boston will explore the role of broadcast media in identifying and reporting the major international issues confronting society in the remainderof the 20th century. Discussions at each site will focus on a different topic.

The Christian Science Monitor will arrange to place satellite dishes at over 150 college and university campuses throughout the nation. The schools will also be provided with a direct phone line to the conference hub in Boston. Each school will have its own team of panelists and an audience to relay questions and discuss reactions to the issue-sensitive topics.

The Dubuque site will receive transmission from 12-2:30 p.m. Following a short break, the local panel will conduct a discussion. Four television monitors will be set up in Room 116 for the convenience of viewers. Questions can be submitted to the international panelists on a written form which will then be conveyed by local workers via the direct phone line.

Each of the panels will include a prominent U.S. broadcast journalist, a locally prominent journalist, an expert on the panel topic and a senior Monitor writer as host. Some of the participants will be Richard Hottelet, foreign and domestic correspondent for CBS; Pierre Salinger, former press secretary for President John Kennedy and the Paris bureau chief for ABC; and Edwin Newman, media commentator and host of PBS's "National Science Quiz.'

Tim Heller, student coordinator for the conference has invited several people to be guest panelists at Clarke. They will present their views after the televised con-

ference is over. The moderator will be Michael L. Turney Ph.D., director of communications for the Iowa Department of Human Services.

Advertising director Linda Allendorf said she has invited high school and college journalism departments and the media within a 100-mile radius of Dubuque to attend. "Persons attending the conference will be supplied with a packet of information which will help them relate to the topics being discussed," said Heller. 'Anybody who is interested in what they see in the evening news and what is happening in the world will enjoy the conference.'

"I think it is important for the communication department to become involved," said Allendorf. "Especially the underclassmen because they need to see advanced technology and the importance of the message. We consider it a privilege to be invited to participate in this videoconference.'

Heller said the conference is not limited to journalism students. Those who study political science or sociology would find it of great interest. Subjects to be covered include East/West relations, terrorism, limited war and peace machinery, development and debt in the Third World and the impact of technology on the future.

"The thrust of the conference will be identifying the news in these areas and then actually reporting it," said Heller. "For example, what is newsworthy in terrorist actions and how do we go about reporting it without acting as a public relations tool for the terrorist groups?"

"The topics are going to be discussed individually, so people can choose which ones they want to listen to, Heller said. "Our local discussions will be videotaped and sent to The Christian Science Moniter who will then edit pieces of the best videos from the participants to incorporate into educational cassettes.'

From left, Anne Woods, S. Mary Ann Zollmann, Tammy Terrill, Mary Otting and Walt Fancher experience Terrill's acceptance into the Catholic Control of the Catholic Cont

Catholic Church as an adult. (photo by Mark Schechinger)

New CSA officers elected by Marie Rank from past years due to the proposed

As the year comes to a close, so does this year's Clarke Student Association (CSA). Elections were held last week to fill the open student government positions next year.

Next year's CSA executive board will be: president, Lisa Hawks; vice president, Caryn Cross; treasurer. Jean Mihalic and secretary, Dave Kriegshauser. The three class presidents were also elected for next year. Ann Leibold was voted in as senior class president. Junior class president will be Kathy Shank and sophomore class president is Kelly Hover, Elections for the other offices will be held in the fall.

Elections were done differently

change in the structure and the newly updated constitution. The proposal has passed the student life committee of the Board of Trustees. CSA President Tim Heller and Secretary Lisa Hawks will be presenting the proposal to the board at its next meeting. Hawks was the chairperson for the task force which looked into improving the student government.

An installation Mass will be held April 27 for the newly elected officers. The Mass will give the present officers a chance to give a farewell comment and the newly elected officers a chance to accept their new position in CSA. The theme of the Mass will be directed toward the

Inside

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Editors' corner

Goodbye and good luck

by Lorna Japsen and Donna Frommelt

It's almost the end of the semester and this is the last issue of The Courier. We've had a lot of fun writing articles and putting the paper out each week.

We've tried to make the paper enjoyable to read this semester. We've also ruffled a few feathers and made a few mistakes, but often times things need to be said on certain issues if action is to be taken

This semester we've attempted to speak out on subjects that are important to many of us at Clarke. After all, if people are afraid to take a stand on something, it may never be changed.

In our first issue we asked people to use their "voice" and write

to The Courier. We've printed every letter we've received, although they have been few in number. Hopefully next semester more people will find the need or the interest to write in.

We'd like to congratulate and thank all those who contributed to The Courier this semester with articles, letters and layout help. You've worked to make the paper what it is. Of course, there's always room for improvement, but we've come a long way and have learned quite a bit from our newspaper experience.

We'd also like to congratulate the seniors on a fine accomplishment, academically, financially and emotionally. Four years-more or less—of college is something to be proud of and something that will be of value always.

Letter to the editor

This letter is coming very late in the year and I regret that no one has addressed this problem sooner, but it seems to me that we have had a real attitude problem on campus this year. Clarke students don't seem to show respect for themselves, others and Clarke property as in past years.

There appears to be many students at Clarke who are here for social purposes rather than academic purposes. The number of students that I have noticed skipping classes and neglecting work for other activities is far more than it should be. It would be better if students would spend their time respecting their minds rather than abusing their bodies.

The most disappointing aspect for me this year is the lack of respect that students have shown our administrators. I had the privilege of watching one of our administrators at work last year while I was working switchboard. A problem arose that could have been a major crisis, but it was taken care of in fifteen minutes by one of our administrators. No student was ever aware of that problem, other than myself. I stopped to wonder how many of these potential crises come up in a day's time that are taken care of without our ever knowing of them. Yet all we seem to do is criticize.

My eyes were opened and I began to notice other steps our administration has taken to hear our concerns. At the last all-school meeting (which 25-30 students attended) we were given an update on what was being done, or what had been a of the suggestions for improvement that the students had given at the beginning of the year. Every item, from turning Mary Ben into a co-ed dorm to changing the school song, had been discussed. It occurred to me that many of our suggestions were for picky details such as changing the school song, the school colors, or for getting more carts for moving in and out of the dorms. Surely there are more important matters for our administration to deal with, but

they dealt with our concerns. Yet we say they don't listen, that they don't care about student concerns.

Many seniors had a concern about the graduation site. Our college president listened to those concerns and the site was moved. Although there were many who put a lot of energy into arguing over where the site should be (including myself), I wonder how many took two minutes to write a thank-you to Sr. Catherine for hearing our concerns. I bet I could count the number on my fingers.

It is my belief that the administration at Clarke has always been willing to listen to student concerns. We, as a student body, have become so accustomed to this that we are beginning to expect a say in all college matters-even those we aren't qualified to deal with. It is my wish that we take time to step back and look at all that we have been given and remember it for future reference. Maybe, just maybe, our eyes will be opened and we'll be surprised at all we see.

Beth Otting

Exercises relieve tension

by Beth Wolf

What is stress? How do we deal with it? Stress is any change, negative or positive, that a person must adjust to. Everyone experiences stress at some time in their lives. However, people can learn to deal with stress in a healthy and positive manner. We can learn to identify stress in our own lives and deal with it through such methods as relaxation techniques.

According to Hughes, Pearson and Reinhart, ("Stress: Sources, Effects, Management," Family and Community Health, May, 1984) people need to assess themselves for any symptoms of stress. These include flushing, sweating, heart pain,

increased heart rate, headache, backache, fatigue, insomnia and stomach and intestinal problems. Agitation, depression, panic, irritability, worry, distractability and memory problems can also be symptoms of stress. Additional symptoms include tremors, sighing and lack of coordination.

Once the symptoms have been identified, people can identify the causes of stress in their lives. This setting, such as work or home.

says the following words silently:

relaxed. (repeat)

My shoulders feel heavy, warm and relaxed. (repeat)

happening to the people at the time

can be done by looking at what was the stress symptoms were present. A journal can be used for this, or people can rely on their memory of events. People may find that stress symptoms occur only when they are around a certain person, or the symptoms may appear in a specific

One way people can deal with stress in their lives is to utilize relaxation techniques. There are many techniques to try. In the article "A Wonderful Prerequisite...Relaxation Techniques" (by Barbara Dossey, Nursing, January, 1984) one such option is called autosuggestion. In this relaxation technique, a person closes his or her eyes and takes deep, slow, rhythmic breaths. Relaxation of the jaw and throat muscles occurs, and the head begins to feel like a heavy weight. The person then

My néck feels heavy, warm and

My arms feel heavy, warm and relaxed. (repeat)

My back feels heavy, warm and relaxed. (repeat)

My legs feel heavy, warm and relaxed. (repeat) My whole body feels heavy, warm

and relaxed. (repeat) My mind is quiet and still

I am relaxing more and more deeply. (repeat) My mind is quiet and still.

I am relaxing more and more deeply. (repeat)

Another relaxation method is called the ten-second relaxation technique (from "Relaxation," American Journal of Nursing, June, 1984). This short relaxation technique can be useful during a busy day of classes or work. To do it, open your eyes and let the lower jaw drop as if you're beginning to yawn. Then rest your tongue on the bottom of your mouth behind the lower teeth. Breathing should be done slowly and rhythmically through the mouth. In this relaxation method, do not form or even think about words.

Stress is present in everyone's lives. It needs to be recognized and dealt with in a healthy way. Using relaxation techniques can help us lead more healthy lives.

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moments Seniors remember special

by Kathy Wieland

Another academic year is ending and a new group of students will graduate from Clarke.

What will the seniors' minds.carry with them as they walk through the doors of Clarke for the last time? Will it be Larry's food and the cafeteria they dined in day after day? Or will it be the exciting nights they spent trying to stay awake with their study groups, only to end up in laughter from a caffeine high and a tiredness that no sleep could cure?

It could be the weekends. You know, the ones that they had planned to catch up on their sleep. Instead they turned themselves into barbaric animals, drinking too much beer and eating heavily salted foods along with Sergeant Pepper's ice cream, Larry went through gallons of juice every Saturday morning.

about how there is nothing to do in Dubuque in my years at Clarke. I have also seen twice as many cures for the questions of how to fill the holes of boredom. I'm sure that once the seniors are gone, they will remember how they spent their free time going out to the beautiful parks around Dubuque, sitting in Their favorite bars on Sunday eating all-you-can-eat spaghetti for \$1.50, traveling to almighty Kennedy Mall and sitting around their friends' rooms telling and hearing gossip that could turn their faces bright green.

Not only has the general atmosphere changed with the new students each year, but so has the whole physical structure of the campus. Students have seen a new Clarke rising. That alone has been a whole education in itself. The construction equipment dropping mud on I have heard many complaints the pathway to CBH and the pickets

ing to class a sure adventure. Students won't forget how they had

...continued on page 4

Dear Editor:

We were walking through the carpeted hallway of Eliza Kelly, admiring all the class composites.

We noticed that the 1984 and 1985 class composites are missing. Where are thev?

Rumor has it the 1984 composite that burned in the fire has been replaced or is being replaced by Siebe Studios. Where is it?

The 1985 composite is in the formal lounge in Mary Josita Hall. Why is it there?

We would like to see the smiling 1984 and 1985 grads plastered with the other Clarke alums in the carpeted hallway.

Jean Mihalic and Rosie Grimm

The English language is in trouble... Webster didn't anticipate modern meanings



We were at the dime store the other day, shopping for greeting cards.

We're not really sure how they still get away with being referred to as a 'dime" store, when the only thing that can be bought for a dime is the bag to put purchases in.

Anyway, among the happy birthday, get well, congratulations and friendship cards, we found something truly inspiring. There are actually cards with interesting words on the cover and even more interesting

definitions inside. For instance, do you know what the "hozone" is? Naturally, it is the place where one sock in every laundry load disappears to. And what about "napjerk?" It is the sudden convulsion of the body just as one is about to doze off.

Okay, you're probably wondering

how we were inspired by this silliness. We decided to increase our vocabulary. We went through the dictionary looking for new words we might be able to use. In doing this, we discovered something. We know it's a little late now, with zillions of dictionaries in circulation, but Webster seems to have gotten mixed up on some words.

He says a "disc" is a "disk, a thin circular object, a phonograph record." He should have stopped at ''thin, circular object.'' We're not even computer majors and we know what a " disc" is.

We guess we'll perorate for now. For any of you who don't know what that is, it means end. Now you've learned a new word.

Clarke College.

ments or letters to the editor. All letters must be signed. The editor reserves the right to edit letters when necessary and to refuse letters deemed unsuitable for publication. All correspondence

Editor: Lorna Japsen

Assoc. Editor: Donna Frommelt Photo Editor: Sue Dixon

Staff: Kathleen Wieland, Elle Ernst, Mary Jo Ernst, Judith Bandy, Shirley Charley, John W. Kemp, Marge Manders, Dennis Noggle, P. Marie Rank, Mark

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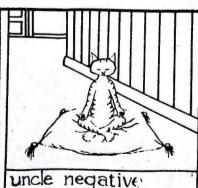
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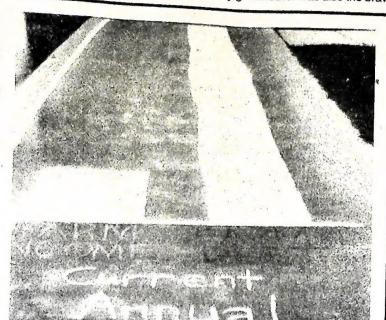
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My grandfather was also the brave



Painted on the sidewalk in front of Catherine Byrne Hall for peace week, these graphs illustrate government priority for defense spending over farm spending. (photo by Jchn Kemp)

us on our own. We had a fun time and were so proud when Grandpa let us drive back to the house and park the jeep in the garage. The back end of the garage will never be the same and neither will the front end of the

My grandfather died several years ago and in a way I'm glad he is not around to see what has happened to

In honor of farms, next time you raise a glass of milk or eat a dish of ice cream, give a toast to one of the deserving people who do need a pat on the back. If you don't know anyone, then I'd appreciate it if you would give the toast to my grandpa because he was very special. He was

Peace is not the product of terror or fear

Peace is not the silence of cemeteries

Peace is not the silent result of violent repression.. Peace is generosity. It is right and it is duty.

Archbishop Oscar A. Romero

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Journal of Nursing, June, 1984

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Clarke hosts scuba instruction

by Mark Schechinger

There are many different kinds of classes offered at Clarke. This past weekend was no exception. Students had the opportunity to take a class in scuba diving. Water sports enthusiasts had the chance to learn this skill through the help of instructors Dale and Mary Wille from Garnavillo, lowa.

The Willes are certified with the Professional Association of Diving. he instructors first came to Clarke last year. A film and slide presentation was shown dealing with the aspects of diving and the enjoyment people can derive from it. The film pointed out that the earth is twohirds water, so why not learn to enby as many water activities as possible. This is just what Mark DeCrane, senior communication major, wanted lo do last year. However, he said there wasn't adequate interest for the instructors to set up a program

at that time. This year DeCrane and four other students signed up for the scuba diving course. DeCrane said he first mentioned the idea for this year's course to Kevin Holland, Clarke's athletic director. "I wanted to see if there would be more interest among Students and we started advertising for the course," DeCrane said. The lee was \$100, which included two days of instructions and two days of diving at Devil's Lake in Baraboo,

The class was held Saturday and Sunday, April 12 and 13, beginning at 9 a.m. in room 109, CBH. Mornng sessions included classroom study and afternoon sessions involved open water instructions in the Swimming pool at the PAC. DeCrane said the students will be able to earn their first certification after combleting five open-water dives at the

"The program was definitely worth the investment," DeCrane said. "It gives me a chance to add to the many outdoor hobbies that I'm in-Volved in and I hope to find oppor-Unities in the future to make the host of scuba diving because I find to be a fascinating recreational

Jeff Fitzpatrick, senior business lajor, look the class thinking it

would be a lot of fun and was pleased that he did. Fitzpatrick explained how a person interested in scuba diving could earn a certificate to instruct. He said that you must pass open-water requirements first. Next, you must pass the advanced openwater diver requirements and, finallv. the master-diver requirements before being able to teach.

Fitzpatrick said you must spend an

ample amount of time in classroom instruction before getting the chance to actually dive. When he finally got the chance to scuba dive he was a little hesitant due to the actual weight of the outfit he was to wear. After he felt capable of handling himself, Fitzpatrick said he became really comfortable. He's looking forward to diving at Devil's Lake because "it will seem more realistic to dive in open

COLD

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If you're looking for some "cold cash" to help cover the cost of a higher education ... talk to us about Iowa Guaranteed Student Loans!

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Students survey public reaction to deficit

by Judy Bandy

Currently there is much debate over how to reduce the federal deficit. If spending is not reduced. presumably, taxes will be raised. With this in mind, two classes from Clarke's sociology/social work department recently pooled their efforts in conducting surveys to determine how people feel regarding government spending in areas that relate to the poor.

Students from Dr. Andrew Treno's "Social Problems" class and Department Chair Lois Hand's "Introduction to Social Welfare" class took part in the experiment designed to measure personal opinions on poverty and welfare

One aspect of the questionnaire survey dealt with whether or not people think that too much, too little or just enough money is being spent on programs such as farm subsidies, low-rent housing, defense, aid to education

and aid to dependent children. Another aspect of the survey asked people whether they agreed or disagreed to a number of statements such as, "Any able-bodied person who wants to work can find a job" and "It is a lack of effort by the poor themselves that determines their situation.

So far, results of the survey show a rather conservative attitude on the

part of the public. The general con- of planning." She said some of the sensus seems to be that it is individual initiative that plays the strongest role in determining whether or not a person lives in

"The students reached a pretty broad range of people, as far as age is concerned," said Treno. "I think a lot of them took the surveys while they were home for spring break." He said that while some people were sympathetic toward the problems of poor people, others indicated that they thought a lack of effort and a complacent dependency on welfare benefits were decisive factors.

Mike Waldbillig, a student in both classes, said he found it interesting that so many people he surveyed contradicted themselves. "Several people indicated that the state of the economy, at this time, made it unrealistic to expect every ablebodied job seeker to find employment. Then, they would turn around and say that anyone who didn't have a job wasn't really trying.

Hand said her class also took part in an experiment where each student was asked to hypothetically keep a budget for a family of four living solely on welfare benefits.

"Most of the students came to the conclusion that a family could get by on the amount of benefits they received, but that it took a great deal

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students found it hard to relate to the fact that these families could not just go out and buy an item when they wanted it, go out to dinner, take a vacation or do a lot of the things that so many of us take for granted.

Memories...

to do laundry twice a week to get the flipped-up mud specks off the back of their jeans.

The seniors have made a most definite impression in the past and future of Clarke. The success of the soccer team and the beginning of the men's basketball team all happened right here while they were going to school. I think there has also been a big change in the school newspaper in the past semester.

How can any of the seniors honestly look back on their times at Clarke without taking some of their complaints back. Some of the hard feelings about the amount of work and the manner in which they had to perform should be put to rest.

After all, they will be ready for their new world in a way that they wouldn't have been if they had gone anywhere

Good luck with finals and have a nice summer.

Treno stressed that he likes to get his students actively involved, instead of just passively involved, in the study of contemporary sociological problems.

An exercise like this gives them a sense of the logic of analysis and

the logic of research," Treno said, "If we can learn to look at problems from a sociological perspective, we can better understand the origins and implications of our views of life

and its social problems."

Crusaders host second annual invitational soccer tournament

by Paul Tringale

Clarke College's soccer team is hosting the second annual invitational indoor soccer tournament Thursday, April 17 at 4 p.m. Last year Clarke won the tournament.

The event will host Loras, a local adult club called the Steamers and an Emmaus high school team from the Dubuque area.

The Steamers have scrimaged

with the Clarke Crusaders for practice in the past. The team consists of men ranging from ages 23 to 40. The Loras team beat Clarke dur-

ing the Homecoming game in the fall. Clarke is seeking a rematch so they can "even the score."

Emmaus is the third team in the tournament and is confident in their

The teams will play each other prior to the Greek Weekend festivities, but are not a part of them.

The Crusaders believe that soccer is not catching on as quickly as football and basketball, but if this tournament is successful, soccer may become a sport of local recognition in the future.



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979 Clarke Expires May 31st Maryjo Doug oins Admiss

h Ann Turner Carke's new coordinator of weative education and career nices is Maryjo Douglas Zunk. Replaces Bobbe Ames who is the director of admissions.

Augas Zunk is a 1979 graduate. napred in studio art, art history

at Clarke Douglas noted as program director for Dubuque County Historical Her duties included contacbusinesses and individuals in buque area requesting finanapport for the Society. Angles Zunk said her new duties

are similar to those at the Society except, instead of ations, her quest is to Those same prisidesses in white the prisides of the prisides o Carke students for on-the-job

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